

# **STUDENT GUIDE TO BARCELONA**

## **2021-2022**



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# Preparing your stay in Barcelona

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## **Do I require a Visa to enter Spain?**

- **Students who are EU citizens** have no legal formalities to complete before coming to Spain.

However, citizens from the European Union or the European Economic Area member state countries, as well as from the Swiss Confederation, who intend **to reside in Spain for more than three months**, must register at the Central Registry Office for Foreigners (*Registro Central de Extranjeros*) in order to be issued a certificate of registration and an identity number for foreigners. (**NIE - Número de Identificación de Extranjeros.**)

Please click [here](#) to read all the information related to this procedure! **Students who are Non-European Union citizens** must arrange their legal situation depending on the duration of their stay. The UAB Study Abroad Program provides admission documentation that students should show at their local Spanish Embassy or Consulate in order to start their visa application.

[Here](#) you will find all the information on the different types of visa. Please read this information very carefully!

### **IMPORTANT**

The law is constantly being updated, and it is therefore very important for future students to contact [the UAB International Support Service \(ISS\)](#) before their arrival so that they can be informed about possible changes.

## **Housing**

- **Accommodation in Barcelona to arrange on your own**

If you are looking for accommodation in town, you can contact the following accommodation services. Please be aware that these are not UAB services and, consequently, UAB takes no responsibility for any possible disagreements that could arise between tenants and landlords. Also, note that these web pages may not be in English!

- **General Accommodation Services:**

**Resa Housing Service for Students**

<http://www.resahousing.com/>  
[info@resa-housing-students.com](mailto:info@resa-housing-students.com)

**Habitatge Jove**

<http://www.habitatgejove.com>

- **Student Residences:**

**Residencia Onix**

<http://www.residenciaonix.com>

**TSH Campus**

<http://www.melondistrict.com>

**Agora**

<http://www.agorabcn.com/en/>

**The Loft Town**

<https://thelofttown.com/en/>

- **Short-term accommodation:**

**Generator**

**Address: C/ Còrsega, 373-377.**

**Tel: +34 932 200 377**

**Be Mar Hostel**

**Address: C/ Sant Pau, 80.**

**Tel: +34 933 248 530**

- **Accommodation through UAB:**

For accommodation assistance, you can contact Vila Universitària, a UAB service that helps students to find a place to live while they are studying at the University. They can arrange accommodation at the main campus in Bellaterra (**outside Barcelona**), or put you in contact with landlords and accommodation providers in Barcelona city and the surrounding areas. Since your classes will be held in downtown Barcelona, it is advisable to find accommodation in town.

**Accommodation in Barcelona city:**

- Host Family Accommodation (Meals included Breakfast and Dinner). You will have your own private room. Living with a Spanish host family is a great opportunity to make sure your Spanish improves rapidly. Our host families live in pleasant and safe residential neighborhoods, all well connected to the center of Barcelona by public transport. For more information, please contact Ms. Esther Cucala at [esther.cucala@uab.cat](mailto:esther.cucala@uab.cat).
- Apartments to share with other students. You will have your own room.
- Apartments to share with the owner. You will have your own room.
- Apartments to share with owner and other students. You will have your own room.

**Accommodation at the Bellaterra Campus (not Barcelona city):**

- “Vila Universitària” manages the Universitat Autònoma de Barcelona’s student halls of residence and different services and facilities for the university community, including apartments located on campus with accommodation for some 2,000 students.

In order to arrange accommodation on the main campus, you should contact: [vila@vilauniversitaria.com](mailto:vila@vilauniversitaria.com) or visit the website [www.uab.cat/vilauniversitaria](http://www.uab.cat/vilauniversitaria).

## **Medical Insurance**

All foreign students enrolled on the Study Abroad Program must arrange medical insurance **before their arrival at UAB.**

If you are a citizen of the **European Union**, or a citizen of Norway, Iceland, Liechtenstein or Switzerland, and you are entitled to social security in your country, you should apply for the **European Health Insurance Card (EHIC)**. This card is free of charge and you can obtain it by contacting your local health service, before you arrive in Spain.

By showing this card together with your ID card or passport, you can receive assistance at health care centers (*Centre d'Assistència Primària: CAP*) or public hospital emergency rooms.

Take into account that the card does not cover private health care or repatriation costs.

**Please visit the [EHIC website](#) to find out more.**

If you are a **non-European Union** citizen and your country has no healthcare agreement with the Spanish Social Security system, you must take out **private insurance cover** for the whole time of your stay in Spain.

## **Covid-19 Information**

**PLEASE NOTE THIS GUIDE IS UPDATED ONCE A YEAR. THE LATEST INFORMATION REGARDING HEALTH PROTOCOLS AND RESTRICTIONS, DUE TO THE COVID-19 PANDEMIC (CORONAVIRUS), ARE AVAILABLE IN THE LINKS INDICATED BELOW AND WE RECOMMEND YOU TO CHECK THEM REGULARLY TO KEEP INFORMED.**

Restrictions related to COVID-19 remain in effect throughout Spain and vary widely by region. Prospective students should carefully monitor the regional governments' websites for more information:

### **SPAIN (Autonomous communities' public webs):**

[https://administracion.gob.es/pag\\_Home/en/atencionCiudadana/SedesElectronicas-y-Webs-Publicas/websPublicas/WP\\_CCAA.html#.YHW\\_ZOgzbt](https://administracion.gob.es/pag_Home/en/atencionCiudadana/SedesElectronicas-y-Webs-Publicas/websPublicas/WP_CCAA.html#.YHW_ZOgzbt)

**BARCELONA (*Cataluña* - Catalonia):** Measures and Restrictions throughout Catalonia (COVID-19)

<https://web.gencat.cat/en/inici/index.html>

Please remember to follow the instructions of local authorities. Not doing so could result in fines or arrest. The most common restrictions in Spain include:

- Wearing of a face mask in all public spaces including the street
- A night-time curfew
- Limited opening hours for non-essential services
- Limited capacity in bars, restaurants, shops, etc.
- Public or private gatherings limited
- Limited movement

Ensure you are familiar with local requirements prior to traveling between regions in Spain.

### **STUDY ABROAD UAB: COVID -19 PROTOCOLS (Preventive and Protective Measures for Students)**

<https://www.uab.cat/web/mobility-international-exchange/study-abroad-programmes/accommodation-and-services/covid-19-protocols-1345824674242.html>

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# Once in Barcelona...

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## **Welcome Session**

The UAB Study Abroad team will meet and welcome you at the very beginning of the term.

You will be informed of the Welcome Session date and time via e-mail before your arrival. We strongly encourage you to attend this meeting, as you will be given useful information on the program. If this session cannot be offered face-to-face, there will be virtual sessions programmed.

During this session, you will also receive your **student ID card**, which provides proof of registration at UAB and is valid for discounts in some museums, theatres, cinemas, gyms, etc.

For any questions, you may have during the term, please feel free to drop by the Sant Pau Campus and any member of the staff will be happy to give assistance, or send an email to [study.abroad@uab.cat](mailto:study.abroad@uab.cat).

## **Legal procedures**

### **For EU students:**

All students from a European Union or European Economic Area member state, as well as from the Swiss Confederation, who intend to reside in Spain for a period longer than three months, must register at the Central Registry Office for Foreigners (“Registro Central de Extranjeros”). There, you will be issued a certificate of registration and an identity number for foreigners (“NIE - Número de Identificación de Extranjeros”).

We suggest you read the information contained [here](#) very carefully.

### **For Non-EU students:**

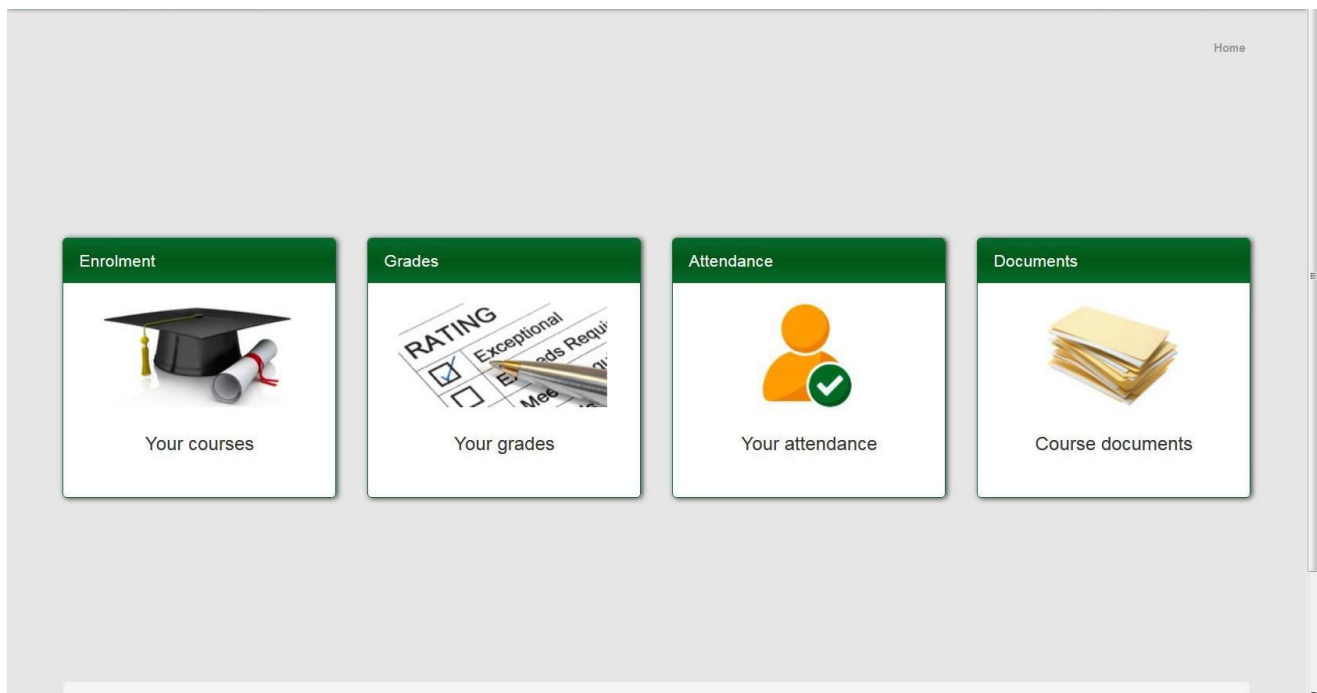
All non-EU students will have to apply for a Student Residence Authorization at the National Police Station of the town where they are registered.

[Here](#) you will find all the information you need to know in order to formalize your stay in Barcelona.

## **Study Abroad Management (SAM)**

As a student enrolled on the Study Abroad Program, you will have access to SAM, an online platform that allows you to visualize your course selection, academic records and class attendance, as well as download documents related to the courses posted by your professors.

Before the start of term, you will receive an e-mail from the UAB Study Abroad Staff with the URL, your username and password to access the platform.



## **Deputy Academic Coordinators – Suggestions**

For any comments on academic matters, feel free to talk to the Study Abroad Deputy Academic Coordinators. Please check the Coordinators' office hours at the Administration office of Sant Pau.

Also, if you have any comments or suggestions during the term, please go to our virtual [Suggestion Box](#) or talk to any member of the staff.



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# After your stay in Barcelona

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## **Leaving the city**

When leaving Barcelona, you can donate clothes that you no longer use or won't be able to fit in your suitcases when you return home.

Here you have some good options to donate your clothes to those who may need them.

<https://www.shbarcelona.com/blog/en/donate-clothes/>

If you have books that you don't want to take home with you, you can stop by [Re-read](#), a chain of bookshops that buy and sell second-hand books in all languages.

## **Certificates**

On completing the term, you will receive a certificate that can be validated for credits at your home university.

Your official transcript, together with two stamped photocopies, will be shipped to either your home institution or your home address.

Please note that it will take approximately 4 weeks from the end of your courses to receive your transcript of grades.

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# Useful Information

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**“80 Tips”** is a [pocket guide](#) which contains useful and interesting information on Catalan culture.

This booklet will help you to understand and adapt to Catalan culture as it deals with some of the most important aspects of the society, like personal and social relationships, food and gastronomy, transportation, tradition, culture, festivals and so on.



## **How to get around**

Barcelona has a reliable, extensive public transportation system that makes getting around the city easy. There is an integrated tariff system that allows users to switch from one form of transportation to another using a single ticket. Transport fares vary by zone but if you are travelling inside the city, you will only need a ticket or travel card for **1 zone**. [Tickets and travel cards](#) can be purchased at subway ticket booths and vending machines. The following options are available:

### **T- Casual:**

Individual travel card valid for 10 intermodal journeys. Not valid for Aeroport T1 and Aeroport T2 metro stations on line L9 Sud. **€11.35**

### **T-Jove (Young person's travel card):**

A personalized travel card valid for an unlimited number of journeys in 90 consecutive days from the first validation for under 25s providing proof of age by means of a valid national ID document, foreigner ID document (NIE) or passport. The number of the ID document must be printed on the travel card. Valid for Aeroport T1 and Aeroport T2 metro stations on line L9 Sud. **€80**

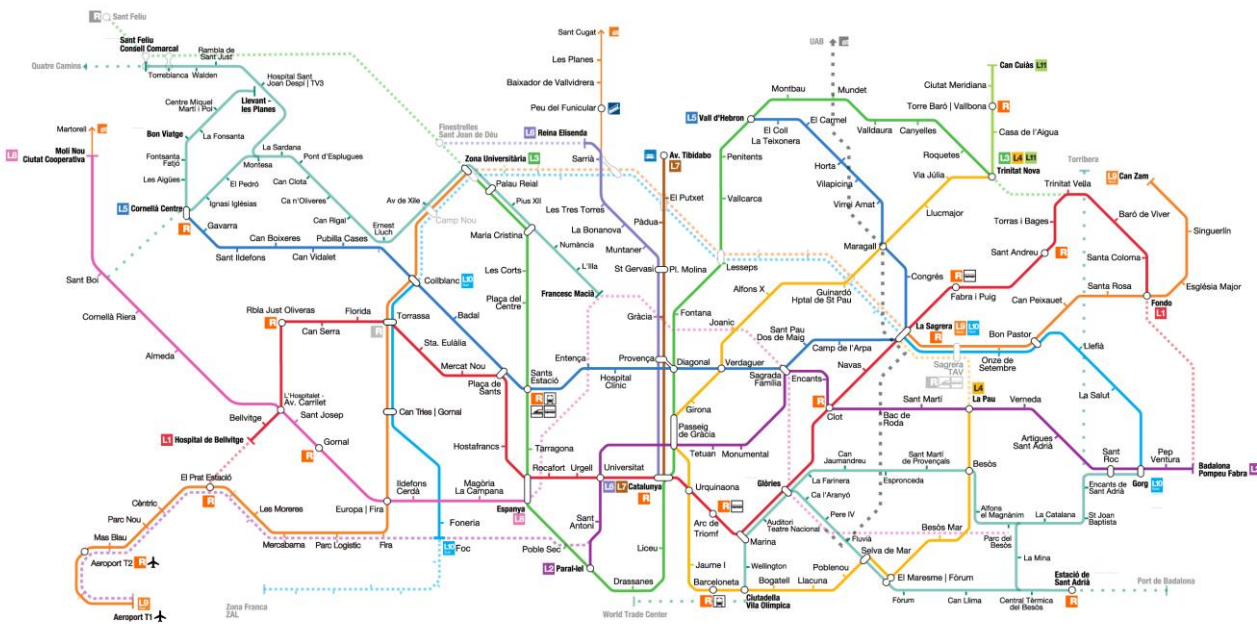
### **T-Usual:**

An individual non-transferable travel card valid for an unlimited number of journeys in 30 consecutive days from the first validation. T-usual cards must be used in conjunction with a valid ID—national ID document or any official ID document. The number of the ID document used must be printed on the travel card. Valid for Aeroport T1 and Aeroport T2 metro stations on line L9 Sud. **€40**

\* Please note that prices are revised every January.

### **Metro:**

There are 8 lines covering the whole of the city, (L1, L2, L3, L4, L5, L9, L10 & L11) and they run from 5.00 to 24.00 every day, except for Fridays when they run until 2.00 and Saturdays when they run non-stop 24 hours. Download the [TMB app!](#)



## [Barcelona Metro Map](#)

### **Bus:**

There is an extensive bus network in Barcelona. Please buy the integrated travel card, mentioned above, **before** getting on the bus. See [www.tmb.cat/en](http://www.tmb.cat/en) for a route map and journey planner.

### **Nit Bus (Night Bus):**

There is also a limited bus service at night, leaving from Plaça Catalunya.

### **FGC (Ferrocarriles de la Generalitat de Catalunya):**

A train service linking the city with the suburbs. There is an FGC stop at the main UAB Campus, in Zone 1.

For more information: <http://www.fgc.es/eng/index.asp>

## Money matters

### Budget:

The cost of living in Barcelona, including rent, food, transport and leisure, can vary from €850 to €1,300 per month. It depends mostly on what kind of housing you prefer and your lifestyle. Here are the approximate costs of some items:

### Rent

Shared apartment: 400-500 €  
Non-shared apartment: 650-1000€

### Food

Monthly average of 250 – 350€  
Hamburger: 5 – 7€  
Sandwich: 2.5 – 5€  
Lunch: 7 – 12€  
Dinner: 20 – 30 €

### Transport

T-Casual ticket (1 Zone): 11.35€  
T- Usual monthly (1 Zone): 40€  
T- Jove (90 days): 80€

### Leisure

Football match: 20 – 100€  
Museum entrance: 5 – 15€  
Cinema entrance: 7 – 12€  
Concert: 20 – 120€

### Total:

Housing: 400 – 650€  
Food: 250 – 350€  
Transport: 50€  
Personal expenses: 150 – 250€  
**TOTAL: 850 – 1,300€**

## **Exchanging money:**

On arrival, you may need to change your currency to Euros. You can exchange currency in local banks, which close around 14.00. You will usually be charged a commission of 3-6€. Money changers often do not charge commission but offer lower exchange rates. They have longer opening hours. You will need your passport to exchange money.

You can also withdraw money from ATMs with your credit card.

You can check the latest exchange rate here: [www.xe.com](http://www.xe.com)

Please note that most transactions can be paid for by credit card or your smartphone, including small purchases and taxis.

## **Opening a bank account:**

To open a bank account in any bank office you will be required to have a NIE (“Número de Identidad de Extranjero”). NIEs are only given to EU students and to non -EU students that stay more than six months in Spain. For general information about NIE, please contact the [UAB International Support Service](#). However, it is also possible to open a bank account with your passport. To do so, you will need to go to either of the two bank offices on the UAB main campus. It is necessary to bring your valid passport and a certificate stating that you are a UAB student. This account costs from 6€ to 20€, depending on the bank.

Please check the office’s opening hours before going to the main campus (Campus Universitat Autònoma de Barcelona (UAB); Cerdanyola del Vallès) and, if you need assistance, go to the International Support Service located at Plaça Cívica.

### **Banco Santander**

Oficina Plaça Cívica

Campus UAB

08193 Cerdanyola del Vallès

Tel: +34 935 805 172

Monday – Friday 9:30am-2pm and 4pm-6:30pm

### **CaixaBank**

Edificio A (Rectorado)

Campus UAB

08193 Cerdanyola del Vallès

Tel: +34 935 811 1 51

Monday-Friday 8.15am-2pm

## **Health**

### **Medical attention in English**

- **Patients with a European Health Insurance Card (EHIC):**

#### **HOSPITAL DEL MAR**

Paseo Marítimo, 25-29 Barcelona (08003) URGENCIAS

[http://www.parcdesalutmar.cat/en\\_index.html](http://www.parcdesalutmar.cat/en_index.html)

**Patient Care Phone 24HS: 608 571 541 or 932210827**

#### **HOSPITAL SANT PAU**

C/ de Sant Quintí, 89 Barcelona (08026) URGENCIAS

<http://www.santpau.cat/en/>

**Patient Care Phone 24hs: 608 571 542 or 93 436 9722**

**PROCEDURE:** In case of medical emergency while in Barcelona, you should call the numbers above or go straight to the HOSPITAL DE SANT PAU (EMERGENCY ENTRY - URGENCIAS) or HOSPITAL DEL MAR (EMERGENCY ENTRY - URGENCIAS) and ask for the INTERNATIONAL CARE PATIENT staff in order to receive assistance in English and/or other languages. IT IS ABSOLUTELY MANDATORY TO CARRY THE PROPER DOCUMENTATION, THIS BEING YOUR PASSPORT OR IDENTITY CARD PLUS YOUR **EUROPEAN HEALTH INSURANCE CARD (EHIC) which you need to obtain in your country;** otherwise, you will be charged for the service.

Remember to ask for a Doctor's note that you will need to show at the Administration department and to your professors in case of having missed a class. The Doctor's note must include the date on which you have been sick, be printed on the letterhead of the doctor, clinic or hospital and be duly stamped and signed.

- **Patients with private insurance**

#### **CLINICA SAGRADA FAMILIA**

Calle Torres i Pujalt, 1 Barcelona (08023)

<http://csf.com.es/>

**Patient Care Phone 24hs: [628 604 412](tel:628604412)**

## Main Services:

- Medical appointments with a specialist (you can call the 24hr phone number mentioned above or send an e-mail to [sagradafamilia@tcassistance.com](mailto:sagradafamilia@tcassistance.com)).
- Private ambulance for transport to hospital.
- Home health visit.
- Translation services.

**PROCEDURE:** In case of medical emergency while in Barcelona, you should call the number above or go straight to CLINICA SAGRADA FAMILIA and ask for the TOURIST CARE ASSISTANCE staff in order to receive assistance in English and/or other languages. There will be a person who will accompany you throughout the medical process and manage the health insurance coverage. It is essential to arrive properly documented. A private hospital can only treat patients with this type of insurance; otherwise, you will have to pay for the medical emergency treatment, etc.

Please mention that you are a UAB Study Abroad student and remember to ask for a Doctor's note that you will need to show at UAB Administration and to your professors in case of having missed a class. The doctor's note must include the date/s on which you have been sick, be printed on the letterhead of the doctor, clinic or hospital and be duly stamped and signed.

### Don't forget:

- You must bring your **ID or Passport, private health insurance policy and your credit card** with you.
- Ask for and keep the receipts of all the medical expenses (medical visits, medicines, etc.)
- All these services are chargeable.

### **On-Call Pharmacies**

For minor aches and pains, you can go to your nearest pharmacy and ask a pharmacist for advice. Spanish pharmacists are highly qualified and can give you advice on which over-the-counter drugs to take and how to take them. Late-night pharmacies, called "farmàcies de guàrdia", are open every day, even during weekends and holidays. Some pharmacies are open seven days a week, 24 hours a day. <http://www.farmaguia.net/desktop/en/>



## **Safety**

### **Safety tips. Be alert!**

In general, Barcelona is a very safe city; however, pickpocketing and robberies are a problem in some areas. Although normally this is not dangerous, it is really uncomfortable and annoying to find yourself without money and credit cards in a foreign country. On the other hand, alcohol and drugs misuse could be the cause of unpleasant and even dangerous situations such as accidents or sexual assault.

First of all, we strongly recommend that you use your common sense; be extra alert on public transport, in crowded places, and in tourist zones (beaches, Barri Gòtic, El Raval, Las Ramblas...), and bear in mind the following tips.

- Always take with you a charged and working cell phone with the emergency number (112) saved as emergency contact.
- Always have some cash on you (enough to take a cab).
- Don't go out alone; try to make a group of at least three people; travel together when you go and also when you come back.
- Once you arrive home, make sure you close the main door of the building well and that no one can enter behind you without a key.
- In case of being under the effects of drugs or alcohol, never go back home alone, even if you take a taxi or if someone offers to take you home.
- Don't carry your wallet in your back pocket and wear your rucksack on your front. Never leave it on the floor, on the table or on the chair next to you.
- Be careful with your belongings: your mobile phone, cameras, tablets, etc. should be always in a safe place and never on the table or on the chair next to you.
- Be wary of any strangers approaching you. For instance, someone that wants to hug you, or help you without any previous request from you, or that says: "something spilled on your shirt" or something similar.
- Don't play any street games.
- Don't trust "undercover" police. In such cases, always ask for their ID.
- Don't carry with you your credit cards or passport if you don't need them.

### **I've been robbed!**

If you have been robbed, you should report the theft of your credit cards to your bank and go to the nearest police station ("Comisaría"). It is not unusual to recover your ID and your wallet as these are not of interest to thieves.

With your official police report ("denuncia") you can claim on your insurance. If your passport has been stolen, you will need to contact your embassy/consulate in order to get a new one. **There is a police station in Plaça Espanya.** See the list of consulates at the end of this guide.

**In the case of a major emergency when emergency services and communications may be limited, students are advised to follow the guidance of the official services in charge of the situation. If they can, students should make their way to a safe place (home, UAB premises during class time, friend's house) and communicate to their families that they are safe and sound as soon as possible. Social networks are useful for this.**

## **Leisure**

For general information on leisure in Barcelona, you can check the following website:

<http://guia.barcelona.cat/en>

## **Cinema**

Foreign films are generally dubbed into Spanish or Catalan but there are some cinemas where you can watch movies in their original language. Check for the V.O.S. (Versión Original Subtitulada) acronym.

- ❖ **Filmoteca de Catalunya** <http://www.filmoteca.cat/web/en/>
- ❖ **Yelmo Cines** <http://www.yelmocines.es/>
- ❖ **Cines Renoir** <http://www.cinesrenoir.com/>
- ❖ **Cines Verdi** <http://www.cines-verdi.com/>
- ❖ **Cine UAB:** Movies for free at Main Campus. Check <https://www.uab.cat/web/vivir-el-campus/cultura-en-viu/sala-cine/programacion-semanal-1345671024442.html>

## **Travelling to and from Barcelona**

### **By Air**

Barcelona has a major international airport just 12km from the centre of the city, with connections to Europe, America and the rest of the world. This Airport (**Aeroport Josep Tarradellas Barcelona – El Prat**) is linked to the city by bus and train.

More info related to Spanish airports: [www.aena.es](http://www.aena.es)

### **By Train**

Many trains travel from Spain and the rest of Europe (via France, Italy or Switzerland) to Barcelona's two main stations, "Estació de Sants" and "Estació de

França". In addition, recently a high-speed rail service has begun between Barcelona and Paris, with stops at other French cities.

More info: [www.renfe.com](http://www.renfe.com) and [www.fgc.cat](http://www.fgc.cat)

### **By Coach**

Eurolines and several other companies run coaches from across Europe and North Africa to Barcelona. Because of the city's geographical location, nearly all coach services from the rest of Europe to Spain and Portugal stop here.

[www.barcelonanord.com](http://www.barcelonanord.com) (go to: Services -> Companies)

### **By Metro**

The L9 Sud Metro line connects Barcelona centre with the airport.

The L9 Sud has stops at 15 stations until it gets to the airport terminals. The line begins at "Zona Universitària" station and stops at:

Zona Universitària, Collblanc, Torrassa, Can Tries/Gornal, Europa/Fira, Fira, Parc Logístic, Mercabarna, Les Moreres, El Prat Estació, Cèntric, Parc Nou, Mes Blau, **Aeroport-T2** and **Aeroport-T1**.

Please note that the TCasual ticket cannot be used to the airport. For more details, please check this [link](#).

## **Consulates in Barcelona**

<b>Country</b>	<b>Address</b>	<b>Phone Number</b>
<b>Austria</b>	c/ Marià Cubí, 7	933 68 60 03
<b>Belgium</b>	c/ Diputació, 303, 1	934 677 080
<b>Brazil</b>	Av. Diagonal, 468, 2	934 872 645
<b>Canada</b>	c/ ElisendaPinós, 10	932 042 700
<b>Czech Republic</b>	Travessera de Gracia 50, entresuelo 1	932 413 236
<b>China</b>	c/ Lleó XIII, No.34	934 342 950
<b>Colombia</b>	Calle Pau Claris, 102, 1 - 1	934 127 828
<b>Costa Rica</b>	Av. de Sarrià, 2	933 63 22 57
<b>Denmark</b>	Rambla de Catalunya, 45	934 880 222
<b>Dominican Republic</b>	Calle Paris 211, 7 <sup>a</sup> Planta	932 379 213
<b>Egypt (Embassy in Madrid)</b>	Calle de Velázquez, 69	915 77 66 30
<b>France</b>	Ronda Universitat, 22 bis, 4	932 703 000
<b>Germany</b>	Pssg de Gràcia, 111, 11	932 921 000
<b>India</b>	C/Doctor Fleming, 21	932 120 422
<b>Ireland</b>	Gran Via Carles III, 94, 10-2	934 915 021
<b>Japan</b>	Av. Diagonal, 640, 2a-D	932 803 433
<b>Mexico</b>	Pssg de la Bonanova, 55	932 011 822
<b>Morocco</b>	c/ Béjar, 91	932 892 530
<b>Netherlands</b>	Av. Diagonal, 601, 4 - D	934 106 210
<b>Norway (Honorary Consulate)</b>	c/Balmes, 184, 5, 2	932 184 983
<b>Perú</b>	Carrer de Tarragona, 110	934 15 49 99
<b>Poland</b>	Av. Diagonal 593-595	933 220542
<b>Romania</b>	c/San Juan de la Salle 35 bis	934 181 535
<b>Russia</b>	Av. de Pearson, 34	932 800 220
<b>South Korea (Madrid)</b>	(Madrid) c/González Amigó 15, 28033 Honorary Consulate in Barcelona	913 532 000 933 104 363
<b>Sweden</b>	c/ Mallorca, 279, 4 - 3	934 882 501
<b>Switzerland</b>	Gran Via de Carles III, 94	934 090 650
<b>Taiwan (Oficina Económica y Cultural de Taipei - Madrid)</b>	(Madrid) c/ de Rosario Pino, 14, 28020	915 718 426
<b>Turkey</b>	Pssg de Gràcia, n <sup>o</sup> 7, 1 <sup>a</sup>	680 414283
<b>United Kingdom</b>	Av. Diagonal, 477, 13	933 666 200
<b>United States of America</b>	Pssg Reina Elisenda de Montcada, 23	932 802 227

## Useful Catalan and Spanish phrases

English	Català	Castellano
<b>Welcome</b>	Benvingut (m); Benvinguda (f)	Bienvenido (m); Bienvenida (f)
<b>Hello</b>	Hola	Hola
<b>Good morning</b>	Bon dia	Buenos días
<b>Good afternoon</b>	Bona tarda	Buenas tardes
<b>Good night</b>	Bona nit	Buenas noches
<b>Goodbye</b>	Adéu	Adiós
<b>Please...</b>	Si us plau...	Por favor...
<b>Thanks!</b>	Gràcies!	¡Gracias!
<b>Sorry!</b>	Ho sento!	¡Lo siento!
<b>-What's your name? &gt; My name is...</b>	-Com et dius? >Em dic ...	-¿Cómo te llamas? >Me llamo...
<b>-How are you? &gt;I'm fine, thanks. And you?</b>	-Com estàs? >Bé, gràcies, i tu?	-¿Cómo estás? >Bien, gracias, ¿y tú?
<b>-Where are you from? &gt;I'm from ...</b>	-D'on ets? >Sóc de...	-¿De dónde eres? >Soy de...
<b>Do you speak English / Catalan / Spanish?</b>	Parles anglès / català / castellà?	¿Hablas inglés / catalán / castellano?
<b>I don't understand</b>	No ho entenc	No entiendo
<b>Please speak more slowly</b>	Parla més a poc a poc, si us plau	Habla más lento, por favor

## **Useful numbers**

<b>Emergencies – All Emergencies</b> (European number for emergencies: Police, Fire Department, Ambulances)	<b>112</b>
<b>Medical emergencies</b>	061
<b>Police</b>	091
<b>Fire Department</b>	080
<b>Barcelona City Info (0,60 €cent for a 3 min call)</b>	010
<b>Comisaria Plaça Espanya - Plaça d’Espanya, 1</b>	935 542 700
<b>Information on duty pharmacies</b>	934 810 060
<b>Social Attention Office</b>	900 703 030
<b>Catalan Institute for Women, for issues related with violence against women (24h. Anonymous and confidential)</b>	900 900 120 934 951 600
<b>Office for Non-Discrimination</b>	933 043 118
<b>Tourist Information</b>	932 853 834
<b>Master Card and Visa</b>	915 196 000 933 152 512 900 971 231 900 991 216
<b>American Express</b>	902 357 637
<b>Diners Club</b>	934 670 145 902 401 112
<b>Radio Taxi</b>	902 222 111